

# 2nd Annual Lightworkers Joy Retreat! October 8-11, 2010



*We are pleased to announce that the 2nd Annual Lightworkers Joy Retreat will be held again at the beautiful Light on the Hill Retreat Center. Last year was a weekend to remember and we are thrilled to be hosting each of you again!*

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When we went to check out the LIGHT ON THE HILL center, we couldn't believe it. It was awesome! We were particular. Now, we're going crazy in fun, trying to cater to our kindred buddies in light---YOU.



Our hopes are that you leave feeling that you were engaged in the unity of like-minded peer friendships, the sweetness of pampered indulgences, the compassion of the many, the

celebration of joy, and the totally all out hysterics that we hope to impart to each in participation.

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So, if you like holistic hysterical moments, sweet wind down time, personal lightwork, massages, yoga, meditation, exceptional readings with masterful intuitives, your ears coned or feet detoxed, good food, good people, healthy healings with incredibly amazing folks, the prettiest of nature (at peak season in the fall on top of the mountain of mountains), nature walks on gorgeous acreage, and many, many choices that should wrap you in love.....

Come join the 2nd Annual RETREAT OF JOY October 8-11, 2010 (Columbus Day Weekend) in Van Etten, New York



Light on the Hill is located in the mountains of upstate NY on 236 acres of woods, streams, gorges, distant views and walking paths. It is an ideal place to recharge and refresh body, mind, and soul. For information about [Light on the Hill](#), [click here](#)

Come join us at the breathtaking Light on the Hill retreat center in Van Etten, NY for a weekend of great unity, healing, relaxation, nurturing, laughter and great fun with healer and musician RASHID LANIE, group channeling with SHERYL BLUMENTHAL, music and kirtan by SHARON SILVERSTEIN, sacred yoga with ACHARYA GIRISH JHA, Numerology with ALISON BAUGHMAN, and sacred fire ceremony with THUNDERBIRD WOMAN "MA-JO" COOPER

More beautiful lightworkers sharing their gifts include Jamie Seamen, Terry Seaman, Suzy Koehne, Kathy Leone, Nathaniel Whitmore, Karen McConnell, Beth Killin and many more to come!

## Rashid Lanie

Rashid Lanie is one of the most revered musicians of our time. He is a world renowned composer, producer and collective teacher. Rashid is known for musical workings all over our globe. His works with and for his holiness The Dalai Lama, Nelson Mandela, Paul Simon, The Prideland Lion King Album, hostings at the United Nations, the famous Agape Choir, and ever so much more, name only a few of this amazing man's accomplishments. His pure and most genuine nature reflect to all what a true and loving master would. This authentic, joyful and loving man is bringing to our Lightworkers' Joy Retreat many purely magical gifts. He is assisting collective energy works, as well as creating personal Soul Soundtracks (as glimpses into your soul's truth, as well as a healing experience for your life's eternal destiny). His plans also provide personal intuitive perspectives to assist in our overall growth. Assistance towards higher ascension, in conjunction with the channeled music that he is offering us this weekend, should prove to leave a blessed impact on all of our lives.



## Acharya Girish Jha

Acharya Girish Jha has been mentored by great spiritual Himalayan Masters for over 30 years. He teaches Authentic Yoga learned via this master/disciple relationship, as well as directly extracted from ancient Yoga texts. Hence, he continues a long Yogic tradition based on the combined wisdoms of Yoga, science and spirituality. He has transferred his powerful education and experience to teach in the field of Yoga education, research, therapy, and training aiming at Human Excellence.



In essence, he has taken the practical education of Yoga and spirituality to a new dimension by teaching it as the science of Conscious Evolution and Transformation. His simple, easy, and effective practices of Yoga, spirituality, as well as Ayurvedic naturopathy have attracted global attention. He now lives in New Jersey and conducts regular classes, seminars, workshops, and intensive meditation retreats for individuals of all ages and walks of life, as well as additional specialized programs for seniors, youth, and corporate executives in the PA/NJ/NY/DE region.

## Sharon Silverstein

*Inspirational folk/rock singer and President of Living at Peace*

"I am a singer/songwriter for the past 25 years. I love to love and share the peace and joy of my life through music. My intention is for my music to move people to greater self-awareness and help them to realize their true nature, LOVE." Sharon Silverstein rocks people to greater self-awareness, unity, and world peace by combining powerful lyrics and motivational rhythms. Ms. Silverstein and The Peace Project touch the very soul, conveying ideas about unconditional love, grace and the great potential all humans have for true wisdom. Ms. Silverstein's lyrics hit you at a deep, almost subconscious level. Her resonate voice - a little bit Sheryl Crow, a touch Grace Slick and a smidgeon Janis Joplin - gives her music a transformational quality. Anyone who listens to her CD Alive gets a kind of Living At Peace spiritual boot camp.



<http://www.livingatpeace.com/>

## Alison Baughman

Alison Baughman is a professional Numerologist, author, guest speaker and teacher, frequent radio show guest and the Host of "Visible By Numbers", a weekly talk radio show about Numerology on BBS Radio. Alison first discovered Numerology as a child, studied it for a lifetime and has been reading as a professional for over 10 years for people across the United States and Internationally. Alison has continued her studies with a wide range of Metaphysical subjects focusing on other Divination Tools, Holistic Healing, Chakras, Meditation, QuiGong, Reiki, Crystals and Mediumship. She is a Usui Shiki Ryoho Reiki Master.

Alison is passionate about Numerology and uses it as a tool to help people become inspired about themselves as well as understand their soul's intent in this lifetime.

Link to Detailed Bio: <http://www.visiblebynumbers.com/aboutalison.html>



## Sheryl Blumenthal

"Sheryl Blumenthal is a loving messenger, profoundly gifted spiritual teacher and sacred vessel."

"Sheryl's gift reveals to us who we truly are." (Beth - Quebec)

Author of "Heaven's Doorway: Through the Little One". "Sheryl's ability to access the Cosmic Realm is clearly a sign of a rare gift. She is a great teacher and healer and her book allows one to access pure divinity." Jacques Tombazian (Quebec, Canada) Author, Alchemist and Founder of the Global Healing Foundation. During the Lightworkers' Joy Retreat, Sheryl will provide a group channeling for the good of the entire whole. There will be lots to do and many who need assistance with all of the offered modalities, so...she'll do her best to be certain that everyone has a great time, feels warmed from the inside through, and leaves the retreat feeling "holy" loved.

For more information, please visit: [www.littleone.us](http://www.littleone.us)



## Jo Cooper

"Ma Jo", as she is lovingly called by many around the world, is a Native American Medicine Woman. She is known for her great heart. We are blessed to have her with us as she has offered to teach those who wish to "a making of the sacred drum", as is customary in her culture. This is in it's authentic form and has great ceremony of the most sacred form, surrounding it's "birth". Ma Jo's presence is an honor. The gift of her honoring our wishes to create a sacred drum of our own is a blessed gift for all who choose to.

## **These are just a few of the souls that will be assisting our weekend:**

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### Jamie Seaman

As one of the sweetest and most loving graduates of New York's Culinary Institute of America and a certified Food Therapist of the Natural Gourmet, Chef Jamie is delighted to be serving you this weekend. She knows that "you will benefit from the perfected recipes she's created. They are robust in flavor and the essence of a healthy diet."



Terry Seaman

IET (Integrated Energy Therapist) Terry offers Sacred Healing Massage, while incorporating aromatherapy and essential oils in each of her sessions. Her intuitive gifts and beautiful senses enhance all workings with her clients. Releasing the "issues in our tissues" is her focus. Terry is also a highly trained yoga instructor.

Nathaniel Whitmore

Nathaniel is a local herbalist who teaches about wild edible and medicinal plants and mushrooms, and about medicinal herbalism. Nathaniel can teach you how to survive on the vegetation in your backyard and heal from it, too! He practices shiatsu and clinical herbalism.

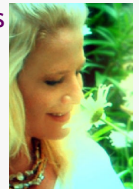
Kathy Leone

Kathy Leone is a Seimei practitioner for over 13 years. She is exceptional at using this most amazing pain relief technique, founded in Japan, yet becoming more and more known in the USA. Kathy has a very impressive background with regards to her ability to assist others in their own health. She will be offering free pain relief demonstrations throughout the weekend, as well as full personal sessions for those who wish to experience healthier bodies and the lightness associated with a more pain-free, lighter Seimei (Buddha light body).

"I call Kathy before I ever consider going to a doctor. She's truly an amazing gift to the planet. She's saved my life, too." Sheryl Blumenthal

Suzy Koehne

Suzy has been attracted to massage since she was a young child. Her gift is the energy that emanates from her finger tips. She intuitively feels with her heart, encouraging the soul and body to release it's deepest tensions. She practices intuitive healing, energy work combined with deep tissue massage. She describes the feeling of giving a massage as playing the most amazing instrument: once brought back into tune, it is available to emit clear beauty and light. She is honored to be a witness to this process. Suzy has three children and lives with her loving husband in Bedminster NJ. She is an avid painter and photographer and has recently started sharing her work. She is delighted to be involved in this weekend of profound healing.



Karen McConnell

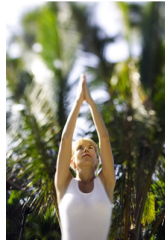
Karen McConnell is the owner of Rejuvenate Colon & Massage Center. She is a certified Colon Hydro Therapist, a Certified Massage Therapist, Certified Ear Coning Practitioner and currently studies Reflexology. Karen McConnell will be offering Detox Foot Baths and Ear Coning at our retreat!!



Beth Killip

Beth is a master meditation instructor of the Babaji Bija techniques. The Bija meditations are an effective way to quickly release karma and stress built up over eons of time, and increase your state of consciousness. An introductory session for those interested in learning about the techniques will be held at the retreat, as well as the opportunity to be initiated into the first heart mantra, the Holy Spirit.





### Information:

Price per person includes lodging for 3 nights, delicious vegetarian meals by our Culinary Institute Chef (3 meals a day including Friday night dinner and Monday morning brunch), hysterical fun and a pampering/nurturing weekend filled with your needs in mind. Also included are all group activities with our featured guests as well as yoga, energy work, dance, picnic moments (weather permitting), "joy" activities, and loads more! Opportunities for personal energy works, at an additional charge, from extremely talented and rare folks, very clear personal intuitive sessions, masterful musical intuitive energy support, quiet time on nature walks/hiking ... and more... we look forward to sharing this all with you.

**Our Price:** \*\$499 per person will include room, meals, and all group workshops.

Extra individual sessions will require additional cost.

Checks or money orders may be sent to (please do not send cash):

Elizabeth Killip  
8 Grace Valley Road  
Butler, NJ 07405

Or click below to pay by Paypal:

[https://www.paypal.com/cgi-bin/webscr?cmd=\\_s-xclick&hosted\\_button\\_id=G3K7ZEPX9BK6Y](https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=G3K7ZEPX9BK6Y)

For additional information and to RSVP by August 15th,

Please Contact:

Sheryl Blumenthal: 570.224.4237  
Beth Killip: 201.400.8328 or [beth.killip@gmail.com](mailto:beth.killip@gmail.com)

Space is limited so please RSVP soon!

Live Love Foundation